



“Give Children Their Right to Play”

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Today, even after six decades of independence we still discriminate each other on basis of some irrelevant issues related to caste, color, creed, religion, etc. but play is an activity which is not bounded by any caste, color, creed, religion or nationality. Play is universal in nature.

Play activities has direct effect on the growth and development of a child .It involves lot of imagination .It can be observed when child plays with toys and then breaks it in order to reassemble as per his imagination. If any child do not play in the initial stage of his development it means there is some problem with him and such kind of behavior will definitely deviate his normal pattern of growth and development towards the unusual one. In the long run it will create numerous problems for his personality development, general behavior, social adjustment and so on.

Play is not only the innate quality of human beings alone, Its boundaries extend to the animal species too. Play activities of animals as well as human beings are by and large marked by freedom, spontaneity and pleasure.

After going through the rich characteristics of play and its values for the child, we are constrained to believe that despite its utility in human life, parents and teachers attach little significance to his extremely important phase of life. A playful child looks very energetic, highly spirited and healthy when he is deeply involved in his play activities. In fact play has never been understood in the right spirit especially in India, parents and teachers attach too much importance to “**Home Work**” as part of school studies than to play.



This practice/belief on the part of parents or teachers hampers proper growth & development of a child. On the other hand, despite restrictions and social bindings, a child cannot resist his urge to play.

Till today the origin and function of play have not been known. There was time when it was considered by the intellectuals to be a '*mere wastage of time and energy*' but now it is considered a powerful medium of school instruction and personality development.

Keeping in view the above mentioned salient features of play/sports it may be briefly summed up that play is not merely wastage of efforts, time and psychological, sociological and educational implication. And for proper implication of play/sports activities one law or one right that is "*Right to Play*" can be added as a fundamental right in **Part III** of Indian constitution because in India it appears that the fundamental rights created a new equality and have helped to preserve individual liberty.

खेलता भारत... महान भारत ...

Playing India... Great India...
